

## What happens to my test results?

### Why do I need this test?

As each situation is unique, a discussion with your health professional can help you understand the reason for the test, if there are any alternatives or what happens if you don't have the test. It may be a blood test, Xray, or scan. Some tests are to exclude illness, others to make sure you are getting better, and some are screening tests to ensure you stay well.

Please visit <https://choosingwisely.org.nz/patients-consumers/>, this site will help you ask the right questions to help you make sure you end up with the right amount of care — not too much and not too little.

### How long will it take to get a result?

Most results come back to the practice in 1 or 2 days; some can take 3 weeks. Your doctor or nurse will let you know if your test takes more than 1-2 days. Results will be reviewed by the health professional who requested the test as soon as possible after they have been received.

### How will I find out?

- If the test is abnormal, your doctor or nurse will contact you by phone, please provide us with your latest contact details (you can check this with reception).
- If you don't have a phone or prefer to come in, we can send a letter requesting you to visit the centre.
- Your result will be uploaded to the patient portal, once reviewed by your doctor. We strongly encourage you to have access to ConnectMed, please speak with our reception team.
- You can call the nurses any time for your results, requests for results left on the answer phone will receive a call back within 24 hours.
- Test results are sometimes difficult to understand. If at any time you have not understood the explanation or have more questions, please talk to your doctor or nurse.

### What happens if I need or want to see a specialist?

Your doctor will refer you to a specialist for ongoing care if needed. Please discuss this with your doctor or nurse.

### I have medical insurance, who do I see?

Please tell the doctor or nurse, they will send you to the right provider.